



Dear Parents/Carers,

As part of our Personal, Social, Health and Citizenship Education all year groups will be learning about Relationships and Sex Education. The focus is different for each year group and is age appropriate. The outline for the topics covered in each year group is as follows:

Reception (FS2)	Family and Friendship <ul style="list-style-type: none"><li>• Caring friendships</li><li>• Being kind</li><li>• Families</li></ul>
Year 1	Growing and Caring from Ourselves <ul style="list-style-type: none"><li>• Different friends</li><li>• Growing and Changing</li><li>• Families and Care</li></ul>
Year 2	Differences <ul style="list-style-type: none"><li>• Differences</li><li>• Male and Female Animals</li><li>• Naming Body Parts</li></ul>
Year 3	Valuing Difference and Keeping Safe <ul style="list-style-type: none"><li>• Body Difference</li><li>• Personal Space</li><li>• Help and Support</li></ul>
Year 4	Growing up <ul style="list-style-type: none"><li>• Changes</li><li>• What is Puberty?</li><li>• Healthy Relationships</li></ul>
Year 5	Puberty <ul style="list-style-type: none"><li>• Talking about Puberty</li><li>• The Reproductive System</li><li>• Help and Support</li></ul>

Year 6	Puberty, Relationships and Reproduction <ul style="list-style-type: none"><li>● Puberty and Reproduction</li><li>● Communication in Relationships</li><li>● Families, Conception and Pregnancy</li><li>● Online Relationships</li></ul>
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The relationships Education aspect of this learning is a compulsory part of the curriculum. However, as parents/carers you do have the right to withdraw your child from the Sex Education aspect. We do, however, strongly believe that taking part in these lessons is an important part of your child's primary education. If you are unsure about your child accessing these lessons, then we ask that you look at the core knowledge information on our school website under 'curriculum' then 'PSHE'. After this consideration if you still wish to withdraw you child from the Sex Education sessions, please ask your child's class teacher for a copy of the Parental Withdrawal Form which will need completing and returning to school.

Yours sincerely

Mrs R Webster  
Headteacher & SENDCo